



## General

#### Title

Diagnosis and treatment of ischemic stroke: percentage of patients who are not candidates for tPA treatment who receive aspirin within 24 hours of hospitalization, after a negative head CT, unless contraindicated.

## Source(s)

Anderson D, Larson D, Bluhm J, Charipar R, Fiscus L, Hanson M, Larson J, Rabinstein A, Wallace G, Zinkel A. Diagnosis and initial treatment of ischemic stroke. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2012 Jul. 122 p. [238 references]

#### Measure Domain

#### Primary Measure Domain

Clinical Quality Measures: Process

# Secondary Measure Domain

Does not apply to this measure

# **Brief Abstract**

## Description

This measure is used to assess the percentage of patients age 18 years and older initially presenting with acute symptoms of ischemic stroke who are not candidates for tissue plasminogen activator (tPA) treatment who receive aspirin within 24 hours of hospitalization, after a negative head computed tomography (CT), unless contraindicated.

#### Rationale

The priority aim addressed by this measure is to increase the percentage of patients age 18 years and over receiving appropriate thrombolytic and appropriate antithrombotic therapy for ischemic stroke (tissue plasminogen activator [tPA] and aspirin, other antiplatelet agents, or an anticoagulant).

Stroke is the fourth leading cause of death, recently dropping from third after decades long efforts to

reduce incidence by treatment of risk factors. It remains the leading cause of disability among adults. Costs of hospitalizations, other cares and lost wages are simply enormous.

Although the benefits of aspirin therapy for long-term preventive therapy for stroke are well established, the use of aspirin to improve outcome in the acute treatment setting has also been demonstrated. Large randomized controlled trials have identified a small but measurable benefit with use of aspirin started within the first 48 hours following ischemic stroke onset.

#### Evidence for Rationale

Anderson D, Larson D, Bluhm J, Charipar R, Fiscus L, Hanson M, Larson J, Rabinstein A, Wallace G, Zinkel A. Diagnosis and initial treatment of ischemic stroke. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2012 Jul. 122 p. [238 references]

Bath PM, Lindenstrom E, Boysen G, De Deyn P, Friis P, Leys D, Marttila R, Olsson J, O'Neill D, Orgogozo J, Ringelstein B, van der Sande J, Turpie AG. Tinzaparin in acute ischaemic stroke (TAIST): a randomised aspirin-controlled trial. Lancet. 2001 Sep 1;358(9283):702-10. PubMed

CAST: randomised placebo-controlled trial of early aspirin use in 20,000 patients with acute ischaemic stroke. CAST (Chinese Acute Stroke Trial) Collaborative Group. Lancet. 1997 Jun 7;349(9066):1641-9. PubMed

Sandercock PA, van den Belt AG, Lindley RI, Slattery J. Antithrombotic therapy in acute ischaemic stroke: an overview of the completed randomised trials. J Neurol Neurosurg Psychiatry. 1993 Jan;56(1):17-25. [44 references] PubMed

The International Stroke Trial (IST): a randomised trial of aspirin, subcutaneous heparin, both, or neither among 19435 patients with acute ischaemic stroke. International Stroke Trial Collaborative Group. Lancet. 1997 May 31;349(9065):1569-81. PubMed

## Primary Health Components

Ischemic stroke; antiplatelet therapy; aspirin; computed tomography (CT)

## **Denominator Description**

Number of patients not eligible for tissue plasminogen activator (tPA) treatment (see the related "Denominator Inclusions/Exclusions" field)

# **Numerator Description**

Number of patients who were treated with aspirin within 24 hours of hospitalization, after a negative head computed tomography (CT), unless contraindicated

# Evidence Supporting the Measure

## Type of Evidence Supporting the Criterion of Quality for the Measure

A clinical practice guideline or other peer-reviewed synthesis of the clinical research evidence

# Additional Information Supporting Need for the Measure Unspecified

## **Extent of Measure Testing**

Unspecified

## State of Use of the Measure

#### State of Use

Current routine use

#### **Current Use**

not defined yet

# Application of the Measure in its Current Use

## Measurement Setting

**Emergency Department** 

Hospital Inpatient

# Professionals Involved in Delivery of Health Services

not defined yet

# Least Aggregated Level of Services Delivery Addressed

Single Health Care Delivery or Public Health Organizations

## Statement of Acceptable Minimum Sample Size

Unspecified

## Target Population Age

Age greater than or equal to 18 years

# **Target Population Gender**

Either male or female

# National Strategy for Quality Improvement in Health Care

# National Quality Strategy Aim

Better Care

## National Quality Strategy Priority

Prevention and Treatment of Leading Causes of Mortality

# Institute of Medicine (IOM) National Health Care Quality Report Categories

#### IOM Care Need

Getting Better

#### **IOM Domain**

Effectiveness

**Timeliness** 

## Data Collection for the Measure

# Case Finding Period

The time frame pertaining to data collection is monthly.

# Denominator Sampling Frame

Patients associated with provider

# Denominator (Index) Event or Characteristic

Clinical Condition

Encounter

Patient/Individual (Consumer) Characteristic

#### **Denominator Time Window**

not defined yet

#### **Denominator Inclusions/Exclusions**

Inclusions

Number of patients not eligible for tissue plasminogen activator (tPA) treatment

Population Definition: Patients age 18 years and older initially presenting with acute symptoms of ischemic stroke who are not eligible for tPA.

Exclusions

Unspecified

## Exclusions/Exceptions

not defined yet

## Numerator Inclusions/Exclusions

Inclusions

Number of patients who were treated with aspirin within 24 hours of hospitalization, after a negative head computed tomography (CT), unless contraindicated

Exclusions

Unspecified

## Numerator Search Strategy

Fixed time period or point in time

#### **Data Source**

Paper medical record

# Type of Health State

Does not apply to this measure

# Instruments Used and/or Associated with the Measure

Unspecified

# Computation of the Measure

# Measure Specifies Disaggregation

Does not apply to this measure

# Scoring

Rate/Proportion

#### Interpretation of Score

Desired value is a higher score

#### Allowance for Patient or Population Factors

not defined yet

#### Standard of Comparison

not defined yet

# **Identifying Information**

## **Original Title**

Percentage of patients who are not candidates for tPA treatment who receive aspirin within 24 hours of hospitalization, after a negative head CT, unless contraindicated.

#### Measure Collection Name

Diagnosis and Treatment of Ischemic Stroke

#### Submitter

Institute for Clinical Systems Improvement - Nonprofit Organization

## Developer

Institute for Clinical Systems Improvement - Nonprofit Organization

## Funding Source(s)

The Institute for Clinical Systems Improvement's (ICSI's) work is funded by the annual dues of the member medical groups and five sponsoring health plans in Minnesota and Wisconsin.

# Composition of the Group that Developed the Measure

Work Group Members: David Anderson, MD (Work Group Co-Leader) (University of Minnesota Physicians and Hennepin County Medical Center) (Neurology); David Larson, MD, FACEP (Work Group Co-Leader) (Ridgeview Medical Center) (Emergency Medicine); Gail Wallace, NP (Essentia Health) (Nursing); Lynne Fiscus, MD, MPH (Fairview Health Services) (Internal Medicine and Pediatrics); Andrew Zinkel, MD (HealthPartners Medical Group and Regions Hospital) (Emergency Medicine); Ron Charipar, MD (Marshfield Clinic) (Internal Medicine and Pediatrics); Alejandro Rabinstein, MD (Mayo Clinic) (Neurology); Jeff Larson, PharmD (Park Nicollet Health Services) (Pharmacy); Myounghee Hanson, BA (Institute for Clinical Systems Improvement) (Clinical Systems Improvement Facilitator); Jim Bluhm, MPH (Institute for Clinical Systems Improvement) (Team Director)

#### Financial Disclosures/Other Potential Conflicts of Interest

David Anderson, MD (Work Group Leader)

Professor, Neurology Department, Neurology, University of Minnesota Physicians and Hennepin County Medical Center

National, Regional, Local Committee Affiliations: NNINDS NHLBI as an event adjudicator for two clinical trials: SAMMPRIS (Stenting Versus Aggressive Medical Management for Preventing Recurrent Stroke), and AIM-HIGH (Atherothrombosis Intervention in Metabolic Syndrome with Low HDL Cholesterol/High

Triglyceride and Impact on Global Health Outcomes)

Guideline-Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: MN Acute Stroke Systems Council, MDH and member of MN

Time Critical Care Committee, MDH

Ron Charipar, MD (Work Group Member)

Professor, Internal Medicine, Marshfield Clinic

National, Regional, Local Committee Affiliations: None

Guideline-Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

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National, Regional, Local Committee Affiliations: None

Guideline-Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

David Larson, MD, FACEP (Work Group Member)

Medical Director, Ridgeview Emergency Department, Ridgeview Medical Center

National, Regional, Local Committee Affiliations: None

Guideline-Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: Clinical Advisory Panel Leader, TogetherMD, LLC, MN Acute

Stroke Systems Council, MDH and member of MN Time Critical Care Committee, MDH

Jeff Larson, PharmD (Work Group Member)

Staff Pharmacist, Pharmacy, Park Nicollet Health Services National, Regional, Local Committee Affiliations: None

Guideline-Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

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Professor, Neurology, Mayo Clinic

National, Regional, Local Committee Affiliations: None

Guideline-Related Activities: None

Research Grants: Cardionet, MCOT use for an investigator-initiated project

Financial/Non-Financial Conflicts of Interest: Member of the Data Safety Monitoring Board for the PREVAIL

study by ARTITECH (now Boston Scientific)

Gail Wallace, NP (Work Group Member)

Neurology Nurse Practitioner, Nursing, Essentia Health East Region

National, Regional, Local Committee Affiliations: None

Guideline-Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

Andrew Zinkel, MD (Work Group Member)

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National, Regional, Local Committee Affiliations: None

Guideline-Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: Clinical Advisory Panel Leader, TogetherMD, LLC

### Adaptation

This measure was not adapted from another source.

## Date of Most Current Version in NQMC

2012 Jul

#### Measure Maintenance

Scientific documents are revised every 12 to 24 months as indicated by changes in clinical practice and literature.

#### Date of Next Anticipated Revision

The next scheduled revision will occur within 24 months.

#### Measure Status

This is the current release of the measure.

The measure developer reaffirmed the currency of this measure in January 2016.

# Measure Availability

Source available from the Institute for Clinical Systems Improvement (ICSI) Web site

For more information, contact ICSI at 8009 34th Avenue South, Suite 1200, Bloomington, MN 55425; Phone: 952-814-7060; Fax: 952-858-9675; Web site: www.icsi.org ; E-mail: icsi.info@icsi.org.

## **NQMC Status**

This NQMC summary was completed by ECRI Institute on November 14, 2012.

The information was reaffirmed by the measure developer on January 13, 2016.

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#### **Production**

## Source(s)

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